



# HPC NEWSLETTER

HELPING PEOPLE CONNECT

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At a time when we're all feeling pretty low, we wanted to prepare this special issue as a way to showcase some of the good things that have happened in HPC since Covid-19 sent us home in March.



SAA Virtual Graduation Ceremony

## Department of Human Development & Psychological Counseling

Clinical Mental Health Counseling  
(CMHC)

Marriage & Family Therapy  
(MFT)

Professional School Counseling  
(PSC)

Student Affairs Administration  
(SAA)

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MFT Socially-Distanced  
Graduation Ceremony

# STUDENT AWARDS, FELLOWSHIPS, & SCHOLARSHIPS

- **Jessie Butler and Fiona Abrams (CMHC)** were selected for the NBCC Minority Fellowship Program for Addictions Counselors. They will receive funding and training to support their education and facilitate their addictions counseling service to underserved populations.
- **Gaige Cogswell (SAA)** received the University College's Excellence in General Education Student Mentoring Award.
- **Hannah Cook & Mike Holley (SAA)** received the Gregory S. Blimling award for top Graduate Student in the Division of Student Affairs.



Jessie Butler & Fiona Abrams

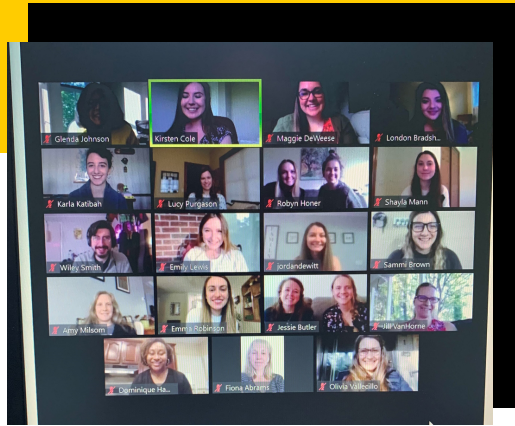


John Ribes

- **Diamond Slone Couch (MFT)** was recently selected as an AAMFT/SAMHSA Minority Fellow in the youth program. This nationally competitive and prestigious accomplishment is for master's students interested in service provision to racial and/or ethnic minority children, adolescents, and individuals as they transition into adulthood.
- **Hannah Elicker (SAA)** was selected as the Reich College of Education Graduate Student Speaker.
- **Allyson Murphy (PSC)** received the North Carolina School Counselor Association Graduate Student Scholarship as well as a scholarship from the American School Counselor Association to support attendance at their virtual summer 2020 conference.
- **John Ribes (SAA)** received the School of Graduate Studies Outstanding Teaching Assistant Award.

# HONOR SOCIETY

On May 1, 2020, the Alpha Sigma Upsilon chapter of Chi Sigma Iota International Counseling Honor Society inducted 22 new members from the CMHC and PSC programs. These students were invited to be members based on their academic excellence and commitment to the counseling profession.



## FACULTY SERVICE & AWARDS

**Dr. Sonja Ardoin (SAA)** was selected to the NASPA Region III (southeast) Board as the Faculty Council Representative. She also was appointed to the editorial board for the Journal of First-generation Student Success.

**Dr. Laura Gambrel (MFT)** served as editor of the Journal of Marital and Family Therapy virtual issue on mindfulness in marriage and family therapy. The issues includes a comprehensive review of articles published in JMFT focused on mindfulness.

**Dr. Amy Milsom (Department Chair)** was elected Chair of the Council for Accreditation of Counseling and Related Educational Programs (CACREP) Board of Directors, and officially took office on July 1. CACREP accredits over 870 master's and doctoral programs (including our CMHC and PSC programs).

**Dr. Mark Schwarze (CMHC)** was appointed by Governor Roy Cooper to the North Carolina Board for Licensed Clinical Mental Health Counselors.

**Dr. Jill Van Horne (PSC)** received the Reich College of Education 2020 Outstanding Mentoring Award.

# FACULTY GRANTS

- **Dr. Sonja Ardoin**, with 3 other colleagues, received the ACPA Commission for Admissions, Orientation, and the First Year Experience & The National Resource Center for the First-Year Experience and Students in Transition Research Grant for the study: An Examination of Rural Students in Higher Education Through a Non-Deficit Framework.
- **Dr. Karen Caldwell** received \$458,189 in funding from the U.S. Health Resources and Services Administration to support the final year of a four-year grant project that totaled \$1,754,806 in HRSA funding. The funding enables students in the CMHC and MFT programs to provide culturally sensitive behavioral health services for residents of Northwestern North Carolina.

## FACULTY SPOTLIGHT



Black Lives Matter, and **Dr. Dominique Hammonds** has lent her voice to a number of outlets to help counselors be prepared to support Black clients. She was interviewed in two separate podcasts and quoted in an article in Counseling Today:

- Shook, M. (Producer). (2020, May 26). EP172: Community Stress and Black America – An Urgent Matter with The Four Doctors [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-Xhl>.
- Shook, M. (Producer). (2020, July 7). EP177: Broaching Conversations – Addressing Race, Ethnicity, and Culture with Dominique S. Hammonds [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XjN>.
- Phillips, L. (2020, August). Black mental health matters. Counseling Today, 62(2), 20-27. Retrieved from <https://ct.counseling.org/2020/07/black-mental-health-matters/>



# ALUM SPOTLIGHT

**Jordan Montgomery (MFT '14)** completed a Ph.D. in marriage and family therapy, from Florida State University. She is currently a postdoctoral research fellow at Florida State University College of Medicine's Center for Child Stress & Health in Immokalee, Florida. Montgomery is responsible for presenting lectures on the impact of adverse childhood experiences (ACEs) and toxic stress on children. Her presentations focus on how ACEs and toxic stress impact children, specifically in Immokalee, Florida, which is a rural Latino and Haitian migrant farm-working population in southwest Florida.

Montgomery also provides mental health crisis therapy to families, as well as tele-psychology mental health services to children and their families.



## PROMOTIONS & RETIREMENT

**Five HPC faculty were promoted to associate professor with tenure:**

- Dr. Kristen Benson (MFT)
- Dr. Laura Gambrel (MFT)
- Dr. Glenda Johnson (PSC)
- Dr. Mark Schwarze (CMHC)
- Dr. Jill Van Horne (PSC)

**Dr. James Lancaster (SAA)**

retired after 18 years at Appalachian. In retirement, he is looking forward to new projects in writing, traveling, and home projects.

# CONGRATULATIONS GRADUATES!

## Spring 2020 Graduates

### Student Affairs Administration

Ashley Borders  
Kaitlin Burg  
Kailanne Burleson  
Gaige Cogswell  
Hannah Cook  
Hannah Elicker  
Alexandra Espaillat  
Michael Holley  
Amy Kolowsky  
Sarah LaFrance  
Marcia Logsdon  
Kellie Redmon  
John Ribes  
Lindley Simpson  
Kira Taylor

### Clinical Mental Health Counseling

Lanie Anderson  
Heather Rossi

### Professional School Counseling

Emily Cannon  
Eliza Dutcher  
Anna Faircloth  
Robyn Honer

## Summer 2020 Graduates

### Clinical Mental Health Counseling

Damaris Bates  
Matthew Beason  
Jaime Belsey  
Kallie Brown  
Kirsten Cole  
Jessica Kempton  
Timothy Spitzhoff  
Amanda Walker  
Byron Wells

### Professional School Counseling

Ian Gaul  
Megan Penninger

### Marriage & Family Therapy

Kathrine Brown  
Lindsey Buchanan  
Caroline Davis  
Kaitlynn Divine  
Jordan Gale  
Michelle Hampton  
Hannah Martin  
Catherine McCormick  
Alyric Miles  
MacKenzie Mizell  
Rachel Naylor  
Jillian Tillett  
Andrew Vanden Broeke

# PRESENTATIONS

- **PSC alumnus Robyn Honer '20** presented with **Dr. Lucy Purgason** at the virtual American School Counselor Association (ASCA) Conference in June.
- **Dr. Ardoin (SAA)** presented six sessions at the ACPA national conference in Nashville in March.

## FACULTY PUBLICATIONS

- Duggan, J. (Producer/Moderator), Allen, J. (Producer/Director) & **Miller, G.** (Presenter). (2020). Opiate Addiction and Chronic Pain: Ethical Practices Practices for Counseling Clients who live with Chronic Pain. [Video]. In ACA Video Series. Alexandria, VA: American Counseling Association.
- Duggan, J. (Producer/Moderator), Allen, J. (Producer/Director) & **Miller, G.** (Presenter). Opiate Addiction and Chronic Pain: Hope, Resilience and Self-Care Strategies for Counselors and Client. [Video]. In ACA Video Series. Alexandria, VA: American Counseling Association.
- Duggan, J. (Producer/Moderator), Allen, J. (Producer/Director) & **Miller, G.** (Presenter). (2020). Opiate Addiction and Chronic Pain: Overview of Counseling Approaches. [Video]. In ACA Video Series. Alexandria, VA: American Counseling Association.
- McGeorge, C., Walsdorf, A., Edwards, L., **Benson, K.E.**, & Coburn, K. (2020). Sexual orientation and gender identity: Considerations for systemic therapists. In Wampler, K.S., Miller, R.B., & Blow, A.J. (Eds.). Handbook of Systemic Family Therapy. John Wiley & Sons
- **Purgason, L. L.**, Villaiba, J. A., & Fosback, C. (2020). Exploring ethnic identity through social networking sites: A Q methodology study with immigrant-origin college students. Journal of College Student Development, 61(2), 207-224.

## STUDENT & ALUMNI PUBLICATIONS

- Craig IV, C. (2020, June). A better tomorrow: 3 multicultural strategies schools can implement immediately. <https://www.ednc.org/perspective-a-better-tomorrow-3-multicultural-strategies-schools-can-implement-immediately/>
- Murphy, A. (2020). Achievement gaps in college and career preparedness for students living in poverty. Carolina Counselor Newsletter Summer Edition. 26-31. <https://nccounselingassociation.files.wordpress.com/2020/06/2020-summer-carolina-counselor-1.pdf>.