

Marriage and Family Therapy Program Requirements

The objective of the Marriage and Family Therapy Program in the Counseling, Family Therapy, and Higher Education Department is to provide clinical and academic training in marriage and family therapy to master's degree level students who are committed to extending the practice and knowledge-base of marriage and family therapy. The goal is to train students who will function at the highest level of clinical competence. The Marriage and Family Therapy Program at Appalachian State University is accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy, 112 South Alfred Street, Alexandria, VA 22314-3061.

Admissions: Limited enrollment is available. Application date: February 1.

Admissions Criteria:

- Graduate School requirements
- Departmental Questionnaire completed
- Interview
- Departmental Marriage and Family Therapy Admissions Committee approval

Students who meet the general graduate school requirements are considered for admission into the Marriage and Family Therapy Program by the Admissions Committee. The committee is comprised of the Marriage and Family Therapy faculty. In reaching admissions decisions, the committee considers GPA, GPA in major, GPA in related courses, GRE scores, response to the departmental questionnaire, letters of reference and performance in an interview conducted by faculty and current students. There are circumstances in which exceptions may be made.

Marriage and Family Therapy Program

Students majoring in the Marriage and Family Therapy Program leading to a Master of Arts degree will take courses listed below. This program is designed to meet the need for advanced preparation of counselors who work with families in a wide variety of work settings. A student's program of study is dependent on the year they enter the program, all information can be found on the [graduate bulletin](#). Students can use the dropdown menu to choose the year they entered the program to see all courses offered

Hours: 51 semester hours; Required Courses:

Theoretical Foundation of Marital and Family Therapy:

MFT 5270: Theories of Marriage and Family Therapy I (3)

SUBTOTAL HOURS - 3

Assessment and Treatment in Marital and Family Therapy:

MFT 5271: Theories of Marriage and Family Therapy II (3)

MFT 6270: Clinical Issues in Marriage and Family Therapy (3)

MFT 6271: Theories of Marriage and Family Therapy III (3)

MFT 6280: Assessment and Diagnosis in Marriage and Family Therapy (3)

SUBTOTAL HOURS - 12

And choose two of the following 8 courses:

CED 5274: Substance Abuse in Family Systems (3)

CED 5565: Introduction to Play Therapy (3)

CED 5580 Trauma Suffering and loss (3)

MFT 6272: Couples Therapy (3)
CED 6290: Child and Adolescent Therapy (3)
MFT 6525: Advanced Social and Cultural Diversity in Counseling and Therapy
CED 6730: Sexual Abuse Counseling (3)
SUBTOTAL HOURS – 3

Human Development and Family Studies:
MFT 5110: Social and Cultural Diversity (3)
MFT 5272: Individual and Family Development (3)
MFT 6710: Human Sexuality (3)
SUBTOTAL HOURS - 9

Ethics and Professional Studies:
MFT 5753: Legal and Ethical Issues in Marriage and Family Therapy (3)
SUBTOTAL HOURS - 3

Research:
MFT 6550: Research Methods (3)
SUBTOTAL HOURS - 3

Supervised Clinical Practice
MFT 6900 Internship in Marriage and Family Therapy (3+3+3)
SUBTOTAL HOURS - 9

Electives (1 course from the following or others approved by the student's advisor):
FSC 5100: Application of Theories of Child Development (3)
CED 5130: Women's Issues in Counseling (3)
CED 5210: Career Development and Counseling (3)
CED 5220: Counseling Theory and Techniques (3)
CED 5550: Equine Assisted Therapy (3)
MFT 5275: Systemic Family Therapy Institute (3)
PSY 5552: Diagnosis and Psychopathology (3)
SOC 5560: Race and Minority Relations (3)
CED 5790: Group Counseling/Therapy (3)
SOC 5800: Sociology of the Family (3)
HPC 5850: Theory and Practice of Reality Therapy (3)
CED 6160: Gestalt Therapy (3)
CED 6340: Ecotherapy (3)
CED 6350: Body/Mind (3)
CED 6570: The Appalachian Addiction Institute (3)
TOTAL HOURS - 3

It is expected that students will attend two summer sessions to accrue 9 credits of coursework including a summer internship.

Supervisors for MFT 6900 are certified AAMFT Clinical Supervisors. The 3 internship semesters will cover a calendar year. Students will receive 2 hours of group and 1 hour of individual supervision each week. Students will complete 400 hours of direct client contact. Students will engage in live and video supervision.

Before the completion of nine semester hours, it is the student's responsibility to develop with his/her advisor a plan of study.

Prior to enrolling in MFT 6900, students are expected to fill out the appropriate form, countersigned by the advisor and department chair. Also prior to the taking of the departmental comprehensive examinations, a request form is required and can be obtained in the departmental office.

A thesis option is available with faculty approval.

Appalachian State University is committed to equality of educational opportunity and does not discriminate against applicants, students or employees based on race, color, national origin, religion, sex, gender identity and expression, political affiliation, veteran status, genetic information, age, disability, or sexual orientation.