MFT Practicum Alternative Therapeutic Contact Hours

Up to 100 hours of your 500 hours of clinical practicum may be alternative therapeutic contact hours. These hours must be approved by your practicum supervisor prior to the experience. **These alternative hours must be systemic, interactional, and add diversity to your practicum experience.** The hours must be face-to-face contact with clients. A therapeutic contract with the client(s) must exist.

# Your name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Site** (name, address, contact person, phone) for alternative hours:

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# Proposed hours and dates of service:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Using 2-3 sentences, respond to the following:**

1. How will this work be systemic and interactional?
2. How will this client contact add diversity to your practicum experience:
3. How will the client(s) know that personal and/or social change is a goal in this

setting?

Approved

Not Approved \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

Approved pending Signature of Practicum Supervisor Date

**After providing the hours, you must provide a brief write-up of your experience** answering the above questions as well as a page on what you learned from the experience. Attach this form and the write-up of your experience to your hours log, and turn them in to your Practicum supervisor at the end of the quarter.

Number of alternative hours approved:\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_

Signature of Practicum Supervisor Date