

Marriage and Family Therapy Program Requirements

The mission of the Marriage and Family Therapy (MFT) program is to provide systemically-oriented, ethical, inclusive and socially-just training that meets rigorous clinical and academic standards. The program trains students in modern and postmodern theories, with emphasis on critical thinking and reflective practice in an effort to develop therapists who are competent to work with diverse families, couples, and individuals throughout the lifespan in a variety of professional settings.

The Marriage and Family Therapy Program at Appalachian State University is accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy, 112 South Alfred Street, Alexandria, VA 22314-3061.

ADMISSIONS: Limited enrollment is available. Decision date: February 1.

Admissions Criteria:

1. Graduate School requirements
2. Departmental Questionnaire completed
3. Interview
4. Departmental Marriage and Family Therapy Admissions Committee approval

Students who meet the general graduate school requirements are considered for admission into the Marriage and Family Therapy Program by the Admissions Committee. The committee is comprised of the Marriage and Family Therapy faculty. In reaching admissions decisions, the committee considers GPA, GPA in major, GPA in related courses, GRE scores, response to the departmental questionnaire, letters of reference and performance in an interview conducted by faculty and current students. There are circumstances in which exceptions may be made.

Marriage and Family Therapy Program

Students majoring in the Marriage and Family Therapy Program leading to a Master of Arts degree will take courses listed below. This program is designed to meet the need for advanced preparation of counselors who work with families in a wide variety of work settings.

Hours: 52 semester hours with thesis; 48 semester hours without thesis

Required Courses:

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|-----|--|----------|
| I. | Theoretical Foundations of Marital and Family Therapy: | |
| | HPC 5270 Theories of Marriage and Family Therapy I..... | 3 |
| | SUBTOTAL HOURS | 3 |
| II. | Assessment and Treatment in Marital and Family Therapy: | |
| | HPC 5271 Theories of Marriage and Family Therapy II..... | 3 |
| | HPC 6270 Marriage and Family Counseling: Clinical Issues.. | 3 |
| | HPC 6271 Theories of Marriage and Family Therapy III..... | 3 |

HPC 6280 Assessment and Diagnosis in Marriage and Family Therapy..... 3

And choose one of the following 8 courses:

HPC 5273 Mediation & Divorce Therapy..... 3

HPC 5274 Substance Abuse in Family Systems..... 3

HPC 5275 Systemic Family Therapy Institute..... 3

HPC 6162 Systemic Gestalt Therapy..... 3

HPC 6272 Marital and Couples Therapy..... 3

HPC 6340 Ecotherapy..... 3

HPC 6350 Body/Mind..... 3

HPC 6730 Sexual Abuse Counseling..... 3

SUBTOTAL HOURS..... 15

III. Human Development and Family Studies:

HPC 5110 Multicultural Counseling..... 3

HPC 5272 Individual and Family Development..... 3

HPC 6710 Human Sexuality..... 3

SUBTOTAL HOURS..... 9

IV. Ethics and Professional Studies:

HPC 5753 Legal and Ethical Issues in Marriage and Family Therapy..... 3

SUBTOTAL HOURS..... 3

V. Research:

RES 5000 Research Methods..... 3

SUBTOTAL HOURS..... 3

VI. Supervised Clinical Practice:

HPC 6900 Internship in Marriage and Family Therapy..... (3+3+6)

SUBTOTAL HOURS..... 12

VII. Electives (1 course from the following or others approved by the student's advisor):

FCS 5100 Application and Theories of Child Development... 3

HPC 5130 Women's Issues in Counseling..... 3

HPC 5210 Life and Career Planning..... 3

HPC 5220 Counseling Theory and Techniques..... 3

HPC 5680 Counseling the Aging..... 3

HPC 5850 Theory and Practice of Reality Therapy..... 3

HPC 6160 Gestalt Therapy..... 3

HPC 6290 Child and Adolescent Therapy..... 3

HPC 6570 The Appalachian Addictions Institute..... 3

HPC 6720 Group Counseling/Therapy..... 3

HPC	6730	Sexual Abuse Counseling.....	3
PSY	5552	Diagnosis and Psychopathology.....	3
SOC	5560	Race and Minority Relations.....	3
SOC	5800	Sociology of the Family.....	3
SUBTOTAL HOURS.....			3

TOTAL HOURS.....48

1. It is expected that students will attend two summer sessions to accrue 9 s.h. of coursework including a summer internship.
2. Supervisors for HPC 6900 are certified AAMFT Clinical Supervisors. The 3 internship semesters will cover a calendar year. Students will receive 2 hours of group and 1 hour of individual supervision each week. Students will complete 500 hours of direct client contact. Students will engage in live and video supervision.
3. Before the completion of nine semester hours, it is the student's responsibility to develop with his/her advisor a written plan of study.
4. Prior to enrolling in HPC 6900, students are expected to fill out the appropriate form, countersigned by the advisor and department chair. Also prior to the taking of the departmental comprehensive examinations, a request form is required and can be obtained in the departmental office.
5. A thesis option is available with faculty approval.
6. The program does not discriminate based on age, culture, ethnicity, gender, gender identity or expression, physical disability, race, religion or sexual orientation.

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